



DO YOU WANT TO LEARN MORE ABOUT MEMORY AND BRAIN HEALTH?

Join us at the North Shore Brain Train

WHEN

Thursday, May 14th 2026
9:30am-1:30pm

WHO

All are welcome! Community members of all ages interested in brain health, healthy aging and dementia.

WHERE

Aspirus Lake View Hospital
Conference Center
325 11th Ave, Two Harbors, MN

WHAT

An interactive, educational event to learn more about brain health, memory changes, dementia research and local aging resources.
No registration required!

Enjoy a free lunch and hear from experts - Noon to 1pm

- Jenna Pogorels, MSW, LICSW - Associate Director of Community Services, Alzheimer's Association
- Angela Hauger, Ph.D., L.P. - Professor Emeritus, Psychology, and Former Gerontology Program Director



Contact - Kirsten Cruikshank, Community Researcher
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